

Introduction to Homeopathy as presented to the USLTC

Disclaimer

This document was written up for a talk done for the United States Lakeland Terrier Club (USLTC), in October of 2014, as an introduction to Homeopathy and is not to be used as medical advice. A qualified medical practitioner should be consulted for any problems you may encounter with regards to yourself or your animals.

Introduction to Homeopathy

Homeopathy is a scientific system of healing in which the whole system is assisted to heal itself. Symptoms are viewed as expressions of disharmony (dis-ease) within the individual and the patient, not the disease, is given treatment. The medicines, or remedies as they are referred to, work by stimulating the body's own natural healing power. Although Homeopathy has been practiced in its current form for over two hundred years, the philosophy underlying this form of medicine can be traced back much further, to the Ancient Greeks, who proposed the Law of Similars. The great master Hippocrates, a Greek himself, wrote that there were two methods of healing: by 'contraries' and by 'similars' and both Galen and Paracelsus had referred to the principle of 'simile' in their works.

The belief in 'let likes be cured by likes' persisted in folk medicine through the millennia from Hippocrates' time, but was not used in the medicine of the times.

Samuel Hahnemann (1755-1843) is called '*The Father of Homeopathy*'. Hahnemann studied medicine and chemistry and qualified as a doctor in 1791. He practiced medicine for about 9 years, but became disillusioned by the cruel and ineffective treatments of his time (blood-letting, purging, poisonous drugs with horrendous side effects). He made the courageous decision to give up his practice and concentrated instead on study, research, writing and translation.

One of the major works that Hahnemann translated was Dr. William Cullen's '*A treatise on Materia Medica*'. This book included an essay on Peruvian Bark or Cinchona (called China (pronounced Keena) by homeopaths) from which quinine, the treatment for malaria, is derived. Cullen attributed Cinchona's ability to cure malaria, with its symptoms of periodic fever, sweating and palpitations, to its bitterness. Hahnemann was skeptical of this explanation and set about taking small doses on himself. He observed that small doses of China daily produced the same symptoms as those of malaria, the very disease it was known to cure. Once he stopped taking the China, the symptoms discontinued and he returned to good health.

This discovery was to be of great importance in the development of homeopathic theory and practice.

Standard medical assumption had been that if the body produced a symptom, it should be treated with an antidote (law of contraries). For example, someone with constipation would be given a laxative which would or could produce diarrhea. Hahnemann's experience with Cinchona indicated that a different principle of treatment might apply. He was familiar with Hippocrates writings of curing with 'similars' and he performed more experiments to confirm this principle. This principle of curing with similars became the first law of a system of healing he called '*Homeopathy*', from the Greek *homoios* (similar) and *pathos* (suffering or disease). He called orthodox medicine '*Allopathy*', or 'Opposite suffering'.

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When Hahnemann set up medical practice again, he differed from conventional practitioners by giving only one remedy at a time. This was unheard of in an age when apothecaries made fortunes by mixing numerous substances, many of which were highly noxious. He became an enemy among the pharmacists.

The next thing that Hahnemann did that differentiated him from the current norm was to test his medicines using smaller and smaller doses to minimize any side effects. He developed a new method of dilution: instead of simply stirring the substance after each dilution, he shook it vigorously. This shaking he called '*succussion*'. The resultant remedy was called a '*potentised remedy*'. He found that the more he diluted the medicine using succussion, the more effectively his medicine cured. He believed that shaking released the strength or energy of the substance, imprinting on the water/alcohol solvent, with none of its toxic side effects remaining.

Hahnemann numbered the potentised remedies according to the number of times they had been diluted: a remedy diluted six times (taking out 1/100th of the liquid each time and adding 99/100 alcohol) was called a 6c potency. In his lifetime, he prescribed up to the 30c potency. Today we have remedies that go to 50M and maybe higher. This also incurred the wrath of the medical establishment who could not explain and therefore could not accept how anything so dilute could have any effect.

In 1810, Hahnemann published the '*Organon of Rational Medicine*', later called the '*Organon of the Healing Art*'. This ran to six editions, each one modified and expanded as he learned more. It contains the homeopathic philosophy or system of belief.

Some websites to find more about homeopathy

https://www.homeopathic.com/Articles/Introduction_to_Homeopathy/A_Condensed_History_of_Homeopathy.html

<http://www.nationalcenterforhomeopathy.org/>

<http://hpathy.com/>

<http://www.wholehealthnow.com/>

<http://homeopathyplus.com.au/homeopathy-an-introduction/> - Tutorials proving an introduction to Homeopathy

Note: Do not use Wikipedia to learn or even search for anything about homeopathy. The co-founder of Wikipedia wants to stop homeopathy and other forms of alternative medicine and will mostly print information by skeptics. If anything is entered by knowledgeable people or people who try to correct the misinformation, it is taken down or editing of the pages is not allowed at all.

Uses of Homeopathy

First aid

- Trauma – most used remedies are **Arnica** and **Aconite**, but not always
- Since people tend to respond in same way to similar injuries we might confidently give a remedy for a particular emergency/injury
- Can be a good entry into using Homeopathy

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Acute

- Self-limited , different ways of presenting , maybe use a few most common remedies for each illness
- Another good intro to Homeopathy

Chronic

- Takes a much more personalized approach for each individual
- Not something people new to homeopathy should try to undertake

Good article on using homeopathic gunpowder for septicemia in wildlife with other remedies used-
<http://www.ewildagain.org/Homeopathy/gunpowder.htm>

Proving

A proving is the testing of a potentized substance to find out which symptoms that substance is capable of producing, and hence curing. A proving is conducted on volunteers who are in a reasonably good state of health (provers), and who do not know what substance it is they are taking. Doses are repeated until provers start to experience symptoms of a change in state. The provers record everything they experience, whether physical, emotional, mental, dreams, or even spiritual, as long as the change in state persists. At the end of the proving all the records are compared to find the physical symptoms, states of mind, feelings, and experiences that the provers have had in common, which can reasonably be attributed to the emerging signature resonance of the substance.

Some substances cannot be proved because taking them could cause serious illness or poisoning or even death and for these substances we use symptoms shown by victims of the substance or clinical records.

Some websites and articles to find more about provings

<http://www.provings.info/en/index.html>

<http://www.vithoukas.com/writings/articles/2157.html>

Dose and Potency

A **dose** is how often and in what potency and in what manner someone would take a remedy. Doses can be the little pills themselves or the pills dissolved in water or a liquid form of the remedy. It doesn't matter if you take 1 or 20 pills or 1-20 drops of the remedy. It is still the same dose. More is not a higher dose. We should always be looking for treating with the minimum dose for the maximal value.

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Potency refers to how many times the remedy has been diluted and succussed. For example, a 30C potency means that the remedy started out as the original substance in water, alcohol or other medium – this is called the mother tincture.

1. One drop (or part) of this was then put into water and alcohol mixture
2. Succuss this new mixture 10 times (this adds 1C to the potency).

Steps 1 and 2 would be repeated 30 times for a 30C potency.

We lose material substance at about 12C. At this point it is impossible to detect any molecular trace of the original substance within it. This follows Avogadro's Law.

We have potencies up to 50M and even higher if labs are willing to do this. Oddly enough, the higher the potency, meaning the further away from the original substance, the stronger the remedy becomes and should be used with caution on people and animals with a weakened vital force, either from sickness or chronic disease or old age.

<http://homeopathyplus.com.au/how-often-should-i-take-a-dose-of-my-remedy/>

<http://homeopathyplus.com.au/tutorial-3-potentiation/>

Storage of Remedies

Don't store your remedies near coffee, electronics, anything minty or with a strong odor.
Don't store remedies in extreme heat.

Homeopathic Tools

Materia Medica

This is an encyclopedia of materials which may be used to prepare homeopathic medicines. They list the materials along with details of the provings which establish the symptoms and conditions for which they are claimed to be suitable. They thus constitute a homeopathic prescribing reference guide

Repertory

The repertory is an index of the homeopathic materia medica by symptom. A list of remedies is indicated for each symptom. All modern day repertories use Kent's Repertory as their starting point. The medical terminology used in the repertories is very old and takes some getting used to to know how to look up the symptoms. Some modern well-known homeopaths think that too many symptoms are being added to the repertory today and muddying it up.

Software

Radar by Archibel - <http://www.radaropus.com/home>

MacRepertory by SynergyHomeopathic-

http://www.wholehealthnow.com/homeopathy_software/macrepertory.html

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Complete Dynamics – www.completedynamics.com – there is a free version of this that can be useful to look up symptoms and remedies.

Some Remedies for Our Pets

NOTE: I have copied the details for the following remedies from various websites that I use and trust. Where I have personal knowledge and use, I have noted this.

Don't forget – these remedies can be used for humans with the same symptoms

Aconitum napellus (Monkshood)

For all EMOTIONAL TRAUMA, SHOCK, mental anxiety with restlessness, early stages of all feverish states and inflammations accompanied by fever. All effects of exposure to cold dry wind or heat. **Aconitum napellus** - very beneficial when used at the onset of any disturbance: best in the very early stages of acute presentations like infections and inflammations with the characteristics of extreme restlessness and fear. Indicated for fear and anxiety from fright, **Aconitum** symptoms are **sudden**: it suits healthy animals whose complaints come on suddenly, and they often occur after a change in the weather - cold winds or dry, cold weather: it is useful in the early stages of fevers, inflammations, etc. which possible causes are cold or dry wind, fright or shock. Symptoms might include staring eyes, panting, trembling, pacing or circling. Animal presents dry, hot skin and is usually thirsty for cold drinks. Symptoms are worse in the evening - around midnight. Better for fresh air; worse for touch.

Apis mellifica

All ALLERGIC REACTIONS, SWELLINGS in reaction to vaccinations, insect bites, thorns, hives, rashes, bee stings, welts, joint swellings. All aggravated by heat, better cold. Swelling of eyelids, ears, throat, lungs, limbs, etc. **Apis mellifica** For most insect bites and stings, especially if there is remarkable swelling and pain. Also useful in some burns (first degree burns), allergic reactions such as angioneurotic edema, and acute cystitis (should be distinguished from **Cantharis**). Symptoms should generally fit the following picture: Edematous swellings (puffing up), skin red and shiny (but more pinkish, not bright red like **Belladonna**), burning and stinging pains, restlessness, thirstlessness, soreness, intolerance of heat and the slightest touch. Any disorder where there is serous inflammation: Eyelids swollen and red, inflamed, acute inflammation of kidneys; swollen joints with the skin tight and shiny red. For bee stings where the area is hot, shiny, swollen and painful. Very useful at the start of elbow hygroma or bursitis in the dog. Better for cold applications; Worse for heat, and around 4-6pm.

Arnica montana (Wolf's Bane, Leopard's Bane)

ALL PHYSICAL PAIN AND TRAUMA from accidents, bruising, muscle strain, joint injuries, broken bones. Tooth extractions, gum pain. Physical over exertion. Mental anxiety from trauma. **Arnica montana** - It's the main remedy for accidents and shock. It should be a first choice after most accidents and injuries. Given early it will reduce swelling, pain and bruising. A very characteristic symptom calling for **Arnica** along with the history of trauma, is that the animal has an aversion to being touched because of the pain and may want to be left alone: he growls, or shrieks, or withdraws as you draw near (distinguish from a dog that is cowering and seems terrified of you, then **Aconitum** should be used.) It's the classic response of someone in shock. Also for any trauma in the distant past: any condition as a result of falls, blows, injuries. Also for conditions where there is or might be sepsis, like septicemia, as it is a preventative of pus infection. It should be used before and after any surgery, and in pregnant bitches or queens before and after giving birth. It can also be used externally on recent injuries where the skin

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remains intact in cream, ointment or tincture form: if used in the Mother Tincture (Ø) form, it should be diluted 1 to 10 with distilled water. Better for lying down, with head low; Worse for lying on injured part.

If you are to have one remedy in your house, **Arnica** could very well be it. It is the first remedy to consider with any soft tissue injury. Useful for bruising to any soft tissue caused by trauma or falls, **Arnica** will help reduce shock symptoms and reduce bleeding. Typically, a dog who needs **Arnica** will shift position frequently and may be fearful of being touched. If you are unsure of which remedy to give, start with **Arnica**.

Argentum nitricum (Silver nitrate)

MENTAL AGITATION, ANXIETY, PANIC accompanied by diarrhea, trembling. CLAUSTROPHOBIA loss of balance and coordination.

Argentum nitricum - In people it's mostly used for fear of flying. They may have a fear of failure when having to perform in public, thus, it is particularly suitable for animals which scour on the way to a show (should be distinguished from Lycopodium which also has fear of appearing in public). Characterised by weakness, trembling and diarrhea. Indicated for fear and anxiety from excitement. Better for open air, and walking fast; Worse in crowds, and for eating sweets (gets diarrhea).

Arsenicum Album (Arsenic)

POISONING from chemicals or spoiled rotten meat, moldy foods accompanied by foul smelling diarrhea. Lung disorders. **Arsenicum album** - Remedy mostly used for food poisoning, and also other types of neurological poisoning. Characterised by great physical prostration with mental restlessness. Does not want to be left alone, debility, exhaustion, restlessness and anxiety, changing places constantly or moving limbs and body all the time when lying down, great exhaustion after the slightest exertion. Fear, fright and worry. Pains and discharges are burning, yet the patient feels chilly and all symptoms, except headache, are better for heat: wants warmth, even lying up against radiators and stoves. . Thirsty for frequent sips of usually hot drinks. Also vomiting and diarrhoea together, so it is a remedy to think of in cases of parvovirus and other similar infections in addition to the food poisonings. Better for warmth and early hours of the morning; Worse at night: midnight - 3am.

Belladonna (Deadly Nightshade)

SUDDEN ONSETS of fever, ear aches, heatstroke, throat inflammations with dilated pupils, staring wide open, glazed eyes. Heightened sensitivities. Fever with sweat and full pulse. **Belladonna** (Atropa belladonna) - It's a major remedy for very high fevers: fever that is violent and sudden in onset. It is associated with hot, red skin, staring eyes, excited mental state, restless sleep, convulsive movements, dryness of mouth and throat and a great thirst but aversion to water: The inflamed area or entire patient is burning, red and hot; the eyes are glassy and the pupils dilated; and the onset of complaints is sudden. It is one of the remedies useful for treating fitting. Pains are violent and throbbing. Rapid pulse. The animal is angry and may be delirious: dogs may attack without warning or provocation, get overwrought into an excitable, anxious state, or have fits of raging, biting and tearing at things. A remedy that should be considered in heat stroke. Better for lying down; Worse for noise, touch, jarring movement, and in the afternoon: around 3pm.

Bryonia alba (Wild Hops)

Unlike **Rhus tox**, dogs who need **Bryonia** will show worsening of symptoms with movement. They will be stressed by any movement and may cry out with even small movements. In contrast to **Rhus tox**, dogs requiring **Bryonia** cannot tolerate the heat and will seek out cool air. Their joints will be warm and swollen and the pain will be

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relieved with pressure, so you may see the dog rubbing or lying on the affected area, or if it is a limb, he will put pressure on it when standing. Also think dry mucous membranes. Complaints are apt to develop slowly.

ALL incidents where the dog is WORSE WITH MOVEMENT, area is painful and better with pressure. Arthritis, rheumatism with hard tense joints. Exhibits great thirst, irritability and fatigue. **Bryonia alba** - Remedy mainly for dry, painful coughs and some type of injuries like sprains, conditions where the main modality is worse for movement. There's also dryness of all mucous membranes and great thirst for large amounts at long intervals (opposite of **Arsenicum**.) Animal lies absolutely still, not even turning its head or moving a muscle when the condition is really bad, and is reluctant to move when the problem is less severe: all symptoms are much worse for the slightest movement. The pains are found everywhere but especially in the chest. Hacking cough with much hawking: it could prove useful for infectious diseases such as Kennel Cough, where the cough is worse for movement and when coming into a warm room. Also used in cases of rheumatism and arthritis with the same modalities. Better for firm pressure, for lying on the painful side or part and for cold; Worse in the evening: around 9pm, after eating cabbage or beans, and in warm weather after cold days.

Calcarea Carbonice (Carbonate of Lime)

This remedy is often needed when growing up or going through major developmental changes: mostly used for skeletal growth problems in the young animal, although it is also used on pregnant bitches to prevent eclampsia. Classically fat, fair and flabby, chilly, and sour-smelling. Slow developers, particularly poor at assimilating their food, which may cause problems in bone and teeth formation: useful in young animals with a problem with calcium assimilation. Crave boiled eggs, aversion to milk. Better for constipation, dry weather; Worse getting cold or wet.

Calendula Officinalis (Marigold)

ANTISEPTIC, AIDS IN HEALING TISSUE For all open wounds, cuts, stabs and surgery. Stimulates healing of torn muscles, ligaments, cartilage. Use topically and or internally. **Calendula officinalis** - This remedy is mainly used externally for healing wounds. Very useful first-aid remedy for cuts, superficial burns or scalds, ulcers..., i.e., injuries where the skin is broken. It stimulates formation of healthy scar tissue (without lumps), speeding healing of any type of open wound. Externally, it can be used in cream, ointment or tincture form: if used in the Mother Tincture (Ø) form, it should be diluted 1 to 10 with distilled water. It can also be given in potency internally during topical treatment to hasten healing, if there is much discomfort or suppuration (distinguish from **Hepar Sulphur**). Better for warmth, walking or lying absolutely still; Worse for damp dull weather, and in the evening.

Cantharis (Spanish Fly)

BURNS, burning pains, kidneys pain, urinary tract infection, blood in urine, straining or difficulty urinating. Burns, scalds in mouth, throat, external burns. Use topically and or internally.

Cantharis - This remedy is mainly used for cystitis, burns and stings. Frequently used for the intense pain of burns (second degree burns). Often effective in the treatment of acute cystitis in cats and dogs where there are burning pains before, during and after urination, which is frequent. In any of these ailments, the common symptoms that call for this remedy are: Onset is sudden and violent. Pains are cutting and burning. Animals have a burning, intense thirst, but are worse after drinking. Better for warm applications, warmth, rest; Worse for touch, urinating, drinking cold drinks.

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Carbo vegetabilis (Vegetable Charcoal)

This remedy is well known for its ability to absorb toxins in the body. **Carbo veg** is great for excess gas in your stomach, indigestion, bloating, belching. Calms your digestive system from overeating, eating wrong foods, poorly or slow digestion, eating bad combinations of food. **Carbo veg** is indicated for conditions from toxicity such as fatigue, constipation and diarrhea, feeling under the weather with colds. Tinnitus with dizziness. Rattling cough.

One keynote for **Carbo Veg** is someone who, although might be chilly, still wants to be fanned or have the window opened.

Carbo Veg has also been given the name of 'corpse reviver'.

SUDDEN COLLAPSE, almost lifeless body becomes icy cold. Pulse becomes thready weak. Effects of violent sickness, exhaustion, starvation blood loss or abuse. Corpse-like. **Carbo vegetabilis** - This remedy is mainly used for resuscitation: particularly for any case of shock and collapse, no matter what the cause. Long known as "the homoeopathic corpse reviver", this remedy has saved many lives. It particularly affects the circulation, so the animal (body - even breath) is cold to the touch. Symptoms at their most extreme are complete state of collapse due to oxygen starvation. May appear limp, pale or blue. Less severe cases have extreme sluggishness. Many digestive disorders: Abdominal discomfort after eating with tenderness over the stomach area. Flatulent colic: upper abdomen / stomach very bloated. Poor digestion with frequent burping (distinguish from **Lycopodium**). Better for cool air, being fanned, burping; Worse for warmth, dehydration, before sleep.

<http://homeopathyplus.com.au/question-i-have-heard-there-is-a-remedy-called-the-corpse-reviver-what-is-it-and-what-does-it-do/>

*I can testify to this remedy working as a 'corpse reviver' when the symptoms are right for a day old puppy who went limp and was not breathing. I got her heart going and she started to gasp for air. I gave her two doses of 30C **Carbo veg** and she recovered and has never had the problem again.*

Chamomilla (Chamomile)

This remedy is mainly known for teething. Characterised by over-sensitivity: the Chamomilla patient is sensitive, irritable, thirsty and hot and is characterised by whining restlessness. All pains are intolerable and appear to be out of all proportion to the illness or injury. Useful in problems occurring around time of teething (skin problems, epilepsy, colic, etc.) and in later life for problems that date back to teething (e.g. the older puppy or adult dog with destructive chewing that started with teething.) Also suited to the bad-tempered animal that suffers from disorders where there's much pain and heat: possible remedy for false pregnancy, mastitis, earache with the ear hot and swollen, puppy strangles and hypertrophic osteodystrophy (HOD.) Better for being uncovered, when carried; Worse at night: 9pm - midnight.

China (China Officinalis, Chinchona, Peruvian Bark)

DEBILITY DUE TO PROFUSE EXHAUSTION FROM LOSS OF VITAL FLUIDS, loss of blood with weakness. Anemia in foals, dehydration, diarrhea, dropsy from bleeding. Inflammation of organ after hemorrhaging. **Cinchona officinalis (China)** - This remedy is mainly known for dehydration. Emotionally and physically exhausted, complaints often arise after loss of fluids or severe dehydration: for any dog suffering from weakness or debility, especially in times of hemorrhaging or chronic or prolonged diarrhea, or during any other period of loss of body fluids. Bloated abdomen (both upper and lower parts), but not relieved by burping (distinguish from **Carbo veg**.) Better for hard pressure, lying down, fasting; Worse for light touch. **CINCHONA OFFICINALIS** - (commonly known

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as **CHINA**). The remedy for any dog suffering from weakness or debility, especially in times of haemorrhaging or chronic or prolonged diarrhoea, or during any other period of loss of body fluids. For internal bleeding in dogs with [von Willebrands Disease](#).

Cocculus indicus (Indian Cockle)

MOTION SICKNESS (from car rides) exhibiting dizziness, vomiting from motion, vertigo. Exhaustion after dog has returned from a run-a-way ordeal. (Also think of **Tabacum** for car-sickness)

*I use **Cocculus** when I take puppies for their first car ride to help with any motion sickness they might have. So far, none have vomited in the car when I use this.*

*As a child, I used to ride between my mother and father in the car. My father would smoke cigars and I would get very car sick always. I believe that **Tabacum** would have helped in this case. A true case of using a remedy homeopathically where tobacco made me sick and tobacco (**Tabacum**) should also help the problem*

Coffea cruda (coffee, unroasted coffee)

Overstimulation, overexcitement, can help with sleeplessness

Drosera rotundifolium (Drosera, Sundew)

Drosera typically works well for coughs that are deep and rather violent in nature. It can also be a remedy for bone pains of all types, and may work well for growing pains. It also works well for restlessness in children (puppies?) **Drosera** is also one of the main remedies for Whooping Cough in children. It is often the first choice for Kennel Cough (see also Ant tart & Ipecac),

*I used this remedy on a 6 month old puppy that had been to a dog show in the previous 2 weeks. He started coughing in a way like he was trying to clear something out of his throat. I couldn't see anything that was in his mouth or the beginning of his throat. I let him continue to cough which he did consistently for about a half hour. I had never had kennel cough so I wasn't sure how it presented. I looked it up and it seemed that his cough was like that of kennel cough. In checking for some remedies for this, **Drosera** and **Spongia Tosta** (Roasted Sponge) came up. From his cough and what I read, I gave him **Drosera** 30C. He started to cough less in about 10 minutes. I gave him another dose and nothing more that day. The next morning, he coughed once and I gave him a third dose. I never heard him cough again. Fortunately, no one else got the cough. The reason I gave him **Drosera** and not **Spongia** was because it mentioned that when **Spongia** was needed, the dog's cough sounded like the bark of a seal. Interesting enough, he did cough like that once, but **Drosera** took care of it anyway.*

Gelsemium sempervirens (Yellow jasmine)

ANTICIPATED FEAR. Bad effects from fright, fear (fear of person, animal or vet) worse emotion or excitement, anxiety. Diarrhea from sudden emotions such as a fright or anticipation of an ordeal. This remedy is particularly useful for treating anticipatory fear, such as going to the vets, shows, etc. Fear of thunder. Characterised by paralysis, animal is rooted to the spot with fear. Urinating from fear. Animal trembles, has aching muscles and heaviness especially of the head and eyes, so it can prove useful in conditions accompanied by weakness and muscle tremors. Better for urination; Worse from physical exertion.

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I have also read that this remedy might be used for dogs that get a bit crazy around bitches in heat. I have not tried it yet, so if anyone has any luck with it, please let me know.

Glonoine (Nitroglycerin)

particularly useful in case of heat stroke. Any disorder from over-heating.

Graphites (Black Lead)

A remedy particularly for skin conditions in which portions of the skin are rough and hard with persistent dryness. Eruptions oozing a moist, sticky exudation. Eczema particularly in bends of joints and behind the ears. Unhealthy skin, every little injury suppurates. Loss of hair and a watery discharge from ears and eyes. For some types of interdigital cysts, especially those showing moist swellings. Worse for warmth and at night.

Euphrasia officinalis (Eyebright)

EYE INJURIES, or infection from colds, injury. Irritating watery eye discharge. Onset of cloudiness of cornea. Abrasions or scratches. Use topically as a eye wash and internally.

Hepar Sulphuris Calcareum (Hahnemann's Calcium Sulphide)

ABSCESSES with sensitivity to touch. Thick yellow ropy pus or discharge. Smells like old cheese. BOILS, inflamed sinus, bad infection from open wounds, scratch. Better warmth. Chills easily. Unhealthy skin that every little injury suppurates. Skin ulcers, ear cankers.

This remedy is particularly useful in cases of acute suppuration (especially suppuration smelling like old cheese): Remedy for painful, infected wounds. Abscesses, pus filled spots, interdigital cysts, anal gland infections, ear problems where there is suppuration, etc. Characterised by hypersensitivity to everything: pain, touch, cold, noise, exertion. One of the chilliest remedies. Emotionally can be violent and intense. Tendency to form pus. In low potencies it promotes suppuration and in high potencies it aborts the suppurative process, so it should be used carefully where the pus collection is in a closed cavity. Better for heat, warmth, after eating, in damp weather; Worse uncovering, cold.

Hypericum (St. John's Wort)

If you suspect injury to nerves or areas rich in nerve endings, consider **Hypericum**. It can also be useful for wounds, cuts, burns and bites as it will help prevent infection. **Hypericum** should be considered if there is injury to the toes, nails, tail or spine. Because it has an affinity for nerve-rich areas, **Hypericum** is an outstanding remedy for back and especially neck pain. Derived from St. John's wort, **Hypericum** will also be effective for depression or irritability following injury, stress and shock. Dogs who need **Hypericum** will worsen with cold applications and touch.

NERVE INJURIES, from lacerations, animal or insect bites. Tail bone pain from injury. Bone pain. Injury to brain or spinal cord. Jagged wounds involving damage to nerve endings. Toenail pain from injury of clipping too short.

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Lac Caninum (Dogs milk)

sourced from Elizabeth Katie Stanton's English Springer Spaniel. Used in 30C potency, this is a good remedy to help in drying up the milk in false pregnancies or mastitis cases. For false pregnancy use at the first signs of milk and continue until relieved. 1 – 2 times per day.

Ledum palustre (Marsh Tea)

PUNCTURE WOUNDS, puncture wounds that do not bleed, cold to touch, with general lack of body heat. Worse with warmth, cold discoloration of skin surrounding puncture. Better ice. Deep joint inflammation, foot abscesses. Lameness where dog hangs leg or foot. Infection of site after a vaccination. Tetanus.

Some people give Ledum after a vaccination or a tick bite.

Nux Moschata (Nutmeg)

Use for Bloat or gastric torsion. Can bring good relief especially when caught in the early stages. May stop the need for surgery. 30C every 15 minutes until relief, then every hour or two until normal.

Nux vomica (Poison Nut)

INDIGESTION, digestive upsets, MILD COLIC caused by error in diet or weather change. CONSTIPATION with small hard mucus covered stools in small quantities. Rectal uneasiness. People and dogs that need Nux vomica can be very irritable and overly sensitive to noises, odors, light, etc. and do not want to be touched.

Opium (Papaver Somniferum, Dried Latex of the Poppy)

I bring this remedy up only from hearing about a case of a Border Terrier who was attacked by another bigger dog at a dog show. He went into a state of rigidity and shaking and the picture we were shown was of a dog just staring and in a dazed state. He also had had no bowel movements for a long period of time. **Opium** is known for rigidity after a traumatic event even if nothing bad might have happened and also the 'worst constipation'. The dog was given **Opium** 200C and soon after had a massive bowel movement and became normal.

I believe **Opium** has been used to bring people/animals out of a coma if the conditions are right. I often wondered if I had been allowed to stay when my last c-section was done if **Opium** might have brought the puppies around that didn't make it using conventional methods.

<http://www.interhomeopathy.org/fleeing-from-pain-seven-short-cases-of-opium>

Phosphorous (Phosphorous, Phosphor)

OVERSENSITIVE to effects of lightning, loud noises. Eye and ear disorders. Sudden onset of pneumonia, passing large amounts of urine. HEMORRHAGING of bright red blood. Flu, when eyes are glazed. Dogs with diabetes, overweight with ravenous appetite. THIRSTY. Try giving him **Phosphorous** 30C (3 pellets) one dose (in his mouth)

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and separate from any food), . Then wait, even if it's a few weeks or months. See what happens next time there is a thunderstorm. If he gets all excited, you can repeat the dose when he starts to get worked up.

Pulsatilla nigricans (Wind Flower, Pasque Flower)

TIMID, EMOTIONAL ever CHANGEABLE nature, either physically or emotionally. Dog fears abandonment of being left alone. Great dryness of mouth and generally THIRST-LESS, loss of appetite without thirst. Arthritis with timid emotional nature better gentle movement.

Children who need **pulsatilla** can be very clingy. This might be a remedy to try for separation anxiety.

Rhus toxicodendron (Poison Ivy)

Known as the 'Rusty Gate Remedy', **Rhus tox** is a must to have on hand for pain due to arthritis or other musculoskeletal injuries. It is primarily useful for joint pains and sprains. The main indication for **Rhus tox** is a dog who is stiff when rising but loosens up with activity. There may be accompanying skin symptoms which will appear like a Poison Ivy rash – in fact, **Rhus tox** is derived from Poison Ivy. Dogs needing **Rhus tox** are often chilly and symptoms will be worse in cool, damp weather. Dogs who require **Rhus tox** will also be somewhat restless as they shift position frequently to ease their pain.

Ruta graveolens (Common Rue)

This remedy is also indicated for joint injury and is the first to be considered if a fracture or bone bruise is suspected. **Ruta** has a specific action on the periosteum (outer shell) of bone although it can be used for a variety of soft tissue injuries. **Ruta** can be useful for sprains or fractures that are healing at a slow rate and is often a good follow-up to **Arnica**. It has an affinity for the feet, hocks and lower back. Like **Rhus tox**, dogs who need **Ruta** will be worse in cold, damp weather and rest may also worsen the symptoms.

Scutellaria lateriflora (skullcap)

Its main use is to calm hysterical states in dogs that are nervous and excitable. Can work very well in cases of separation anxiety where the dog frantically tears the house or itself to bits, and in other cases where a dog is extremely destructive. Nervous fear; twitching of muscles.

Sepia (Inky juice of Cuttlefish)

ALL HORMONAL DISORDERS in females. Moodiness, irritability , indifference to pups.

Silica (Silicea, Silicon Dioxide)

SKIN DISORDERS. Expels foreign bodies from tissues (Slivers). Restores connective tissues, reduces scar tissue formation. Ulcers inside corner of eyes. EMACIATION from cancer, abuse. most often used in chronic suppurative processes; also chronic inflammatory conditions, especially those caused by a foreign body such as a splinter, grass seed, etc. Where abscesses occur, burst, appear to heal, then recur. Corneal ulcers. The ill effects of vaccination. Ripens abscesses, as it promotes suppuration. The **Silica** patient is cold, hugs the fire, avoids draughts, is anxious and fearful, can sometimes be licking at furniture, carpets, etc. (one of the symptoms of **Silica** is the feeling of a hair on the tongue). Anal fistula; crippled nails; diseases of bones. Worse morning, lying down, damp and cold; better warmth, summer.

Spongia tosta (Roasted sponge)

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Particularly for the dog with a cough from heart disease, with little exercise tolerance, congested lungs, and which prefers to lie on its sternum with its forelegs out to the side and its neck stretched out on the ground.

Also if a dog is suspected of having Kennel cough and his cough is like the bark of a seal.

Staphysagria (delphinium staphysagria, palmated larkspur)

This remedy is particularly for any problem that begins following surgery or tooth extraction. This may be a physical problem, or a behavioural one. For example, bitches often become incontinent following spaying, sometimes immediately or almost immediately, but sometimes not for some years. **Staphysagria** is the remedy to use. Sometimes a bitch will appear attractive to males following spaying. Use **Staphysagria**. However, it is not just useful for problems following neutering (in males as well as females) but for any problem occurring after an operation of any kind. This could be physical symptoms such as apparent pain or lameness; or it could be a change in temperament, or in behaviour. It does not matter how long ago the surgery was performed; if there is a problem which could date back to it, give **Staphysagria**, preferably 30C and twice a day. For resentment and grief, so for any behaviour or condition that could stem from resentment - such as having been kennelled, a new dog being brought in, and so on. This remedy, in people, is given when there is a sense of violation, perceived or real.

Sulphur (Sublimated Sulphur)

ANTI-SPORIC remedy. Has reoccurring or relapses of condition. Stubborn cough, colds, skin conditions that don't seem to heal. Great reabsorbent used after acute illnesses. One of our best known remedies.

Symphytum officinale (Comfrey, knitbone, bone-set)

This remedy will help in the mending of broken bones, and the treatment of bone diseases, ranging from inflammation of the bones, to cancers of the bones and sarcomas. It can also help with mechanical injuries to eyes, such as blows from blunt objects. People say not to give **Symphytum** until after the bone has been set by a doctor if it is broken as it could possibly start mending the bone in the position it is in.

<http://www.homeopathy4health.ie/213symph2mod.htm>

Tarentula hispanica (Tarantula, Spanish Spider)

for hysteria. Could be of help in treating uncertain temper; rage syndrome for example. Or petting aggression in cats. Extreme restlessness. Worse for motion, contact, noise; better in open air, music, rubbing affected parts.

Thuja occidentalis (Arborvitae)

(commonly known as **Thuja**) for the ill effects of vaccination; for vaccinosis showing up in chronic skin problems. For warts, especially those which bleed easily. Nails brittle and soft. Flatulence and distention of abdomen with rumbling and colic. May help with anal adenoma. Worse at night, from cold damp air, vaccination. For warts give orally and apply the tincture to the warts themselves.

Urtica urens (Stinging Nettle)

Urticaria, with burning heat, violent itching; burns and scalds. In high potency it stimulates the secretion of milk, in low potency it suppresses it. Helps promote normal urination in cases of urinary suppression. Can help in prevention of recurrence of urinary calculi.

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Fading Puppy Remedy

*To date, everything has been about giving one remedy for an acute problem. Most classical homeopaths do not believe in giving remedies in combination. I had a puppy not doing well from a litter and I ordered and gave her the Fading Puppy remedy from the link below. It had the effect of bringing her back to vitality and wanting to nurse. I gave it to her at the first sign of her losing interest with nursing and going off by herself. I had to do this several times until she was about 5 weeks old. I do believe this remedy helped to keep her alive. This was also the puppy that I saved with the **Carbo Veg** when she was a day and a half old.*

http://www.naturalrearing.com/coda/p_fading_puppy.html

Potency and Dosage

For acute injuries, a 30c to 200c potency is best. If you are not quite certain of the remedy to use, stick with the 30c. Simply ask your natural health food store for the remedy and potency you need or order it online.

If you can avoid it, try not to touch the pills and simply pop them from the container right into your dog's mouth. If you have to touch them, that's OK ... they'll still work! And if your dog is resistant to taking the pills, either rub them directly on his gums or pop them into a glass of water, stir with a spoon, and give him the water.

If the symptoms are sudden and fairly severe, give one dose of 3 pellets and evaluate the results. More severe cases might show improvement in minutes whereas other injuries might take 24 hours to see changes, if any. If you see no improvement, you might want to try a different remedy. If you do see improvement, then stop and wait. If the symptoms appear to be returning, just repeat the dose.

Depending on the dog and situation, you may need to repeat the dose anywhere from five minutes to a week.

For chronic conditions such as arthritis, a lower potency such as 6c might be more beneficial but your 30C pills should still work. For flare-ups, you might need to dose two or three times per day whereas a maintenance dose might be once or twice a week.

Try to give the remedies when there is at least ½ hour before or after eating.

http://www.petremedycharts.com/Learning%20Center/Homeopathy/Homeopathic%20Remedies/Materia_Medica_of_Homeopathic_Remedies.html - useful information and charts that you can purchase

<https://www.facebook.com/notes/save-our-strays/homeopathic-emergency-remedy-list-for-dogscats/361282107316516> - some of my notes come directly from this page

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Genus Epidemicus

A remedy specific to the *individual occurrence* of an epidemic – the remedy may become clear following treatment of 5-6 cases in a particular epidemic, though it may require additional cases to obtain a clear picture, particularly when the situation is complicated by the presence of more than one viral illness moving through the community. The remedy will not only be useful in prophylaxis (prevention), but will often be the simillimum to developed cases of the acute disease.

If you are interested in learning more about the Genus Epidemicus, this site has some good info by Dr. Will Taylor - http://www.wholehealthnow.com/homeopathy_pro/wt10.html

Sometimes this site is updated with Flu or other epidemic information - <http://www.paulherschuepidemics.blogspot.com/>

Many homeopaths are going to area heavily affected with Ebola to try to stem the spread of the disease and help those that have it.

Homeoprophylaxis

Homeoprophylaxis is the practice of using homeopathic remedies to **prevent** infectious disease. Some well-known homeopaths prefer to think of this as homeopathic vaccination, rather than homeoprophylaxis, which they believe to be used in the case of a current epidemic to treat and prevent that particular occurrence of disease. These people believe that homeoprophylaxis has deep roots in classical homeopathic practice but that homeopathic vaccination is a relatively contemporary innovation.

Many people are using homeopathic remedies of the disease they are trying to prevent in a designated routine timeline with equal or greater success to that of vaccination for the same diseases. The success can only be determined from the fact that people/pets who are exposed to these diseases do not succumb to them at the same rate as conventional vaccination. Neither of these protocols is 100% effective.

Homeopathy vs. Vaccines

Homeopathic similars work on the subtle energy plane, not directly on the physical as vaccination substances do. Even on that basis alone, the two are distinctly different and produce distinctly different effects.

The homeopathic similar is really just that — similar, not identical.

And, it's given according to Hahnemann's rational system of medicine in a highly individualized way, not indiscriminately to everyone. And it's not given by injection which bypasses the body's natural defense mechanisms, but always orally. So there are so many differences, really.

In 1796 Jenner tried his vaccine against smallpox and in 1799 Hahnemann used homoeopathic Belladonna as a preventive for Scarlet fever. Conventional medicine followed efforts to prevent disease in a manner similar to that

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used by Edward Jenner. Due to lack of systematic studies, homeoprophylaxis was never established as a scientific and effective method of disease prevention.

Homeoprophylaxis has been used in many countries to stop epidemics.

- In [Cuba](#), prophylaxis has been used on 2.5 million people to stop an epidemic of leptospirosis.
- Over 65,000 children in [Brazil](#) were treated in a region of Brazil, eradicating a meningitis outbreak.
- 40,000 people were given the homeopathic prophylactic *Lathyrus sativus* during a polio outbreak in Buenos Aires in 1975. None of them developed polio.
- In 1996, 175,000 people in India were treated in two days during a cholera outbreak. Immediately following there were no more incidents of death and in 10 days the outbreak was stopped.

For more information about homeoprophylaxis for animals:

<http://www.dogsnaturallymagazine.com/veterinary-nosodes/>

<http://www.alternativevet.org/Nosode%20Protection%20WS023-07.pdf>

Some Useful Websites

Freecasts / Podcasts

<http://www.wholehealthnow.com/courses/freecasts.html>

- Look for names Christina Chambreau, Richard Pitcairn, Luc DeShepper

www.animaltalknaturally.com – lots of podcasts about naturally raising animals – they are proponents of no vaccines and raw feeding

<http://homeopathyworldcommunity.com/group/christina-chambreau-dvm-pet-health> - podcasts specifically about homeopathy and vaccines and your rights. Dr. Christine Chambreau is a regular contributor to this site and talks about veterinary homeopathy.

Websites

www.Aternativevet.org

www.HPATHY.com – many good animal articles

<http://www.vethomopath.com/>

<https://abchomeopathy.com/> - lots of info and ongoing forums, but check other sources if you have any questions

<http://www.drluc.com/homeopath-dogs1.asp>

<http://www.drluc.com/homeopath-dogs2.asp>

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Remedy Preparation

<http://hahnemannlabs.com/preparation.html>

<http://www.helios.co.uk/remedies/remedy-preparation>

Miscellaneous

http://www.wholehealthnow.com/homeopathy_pro/pro_glossary.html - glossary of terms uses in Homeopathy

<http://hpathy.com/veterinary-homeopathy/> - veterinary homeopathy articles

Some Places to Buy Remedies

<http://www.a2zhomeopathy.com/> - Natural Health Supply in Arizona

<http://www.homeopathyworks.com/> - Washington Homeopathics

<http://abchomeopathy.com/> - they sell remedies as well as an online remedy finder for acute symptoms

<http://www.helios.co.uk/> - they have more obscure remedies and nosodes

www.elixirs.com – also good information about the remedies

Find Practitioners

Theavh.org – the vets listed on this site have gone through certification by the Academy of Veterinary Homeopathy

Some veterinarians or veterinary homeopaths will do phone consults and treat your pets that way.

Organizations

National Center for Homeopathy <http://www.homeopathycenter.org/>

Online Groups

Minutus - <https://groups.yahoo.com/neo/groups/minutus/conversations/messages>

- Mostly human-related but lots of discussion about animals too

Pets4Homeopathy - <https://groups.yahoo.com/neo/groups/Pets4Homeopathy/conversations/messages>

- lots of knowledgeable people on this board - most are willing to help

Training

www.animalnaturopathy.org – courses in various aspects of animal naturopathy plus some certification courses

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<http://www.bihusa.com/> - diplomas in animal homeopathy

www.theavh.org – certification in veterinary homeopathy if you are a vet tech or a veterinarian

Periodicals

www.dogsnaturallymagazine.com

<http://www.whole-dog-journal.com/>

Some Recommended Books

Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats by Richard H. Pitcairn and Susan Hubble Pitcairn

The book that is the definitive guide to a natural lifestyle for dogs and cats.

<http://www.amazon.com/Pitcairns-Complete-Guide-Natural-Health/dp/157954973X>

Homeopathic Care for Cats and Dogs, Revised Edition: Small Doses for Small Animals by Don Hamilton DVM

Don Hamilton gives readers an authoritative overview of animal homeopathy, covering history, treatment principles, homeopathic disease theory, and simple methods for using homeopathic remedies.

http://www.amazon.com/Homeopathic-Care-Cats-Dogs-Revised/dp/1556439350/ref=sr_1_8?s=books&ie=UTF8&qid=1411356998&sr=1-8&keywords=animal+homeopathy

The Homeopathic Treatment of Small Animals: Principles and Practice by Christopher Day

A comprehensive guide to treating small pets, such as dogs, cats, guinea pigs, rodents, reptiles, and birds with homeopathic remedies. It includes essential information on the principles and practices of homeopathy, as well as practical guidance for owners, breeders, and veterinarians

http://www.amazon.com/The-Homeopathic-Treatment-Small-Animals/dp/1844132897/ref=tmm_pap_title_0?ie=UTF8&qid=1411356998&sr=1-7

Homoeopathic Medicine for Dogs: A Handbook for Vets and Pet Owners by H.G.Wolff MVSC

I really like this book. It has information that breeders would be interested in.

<http://www.amazon.com/Homoeopathic-Medicine-Dogs-Handbook-Owners/dp/0852072872>

The Complete Homeopathy Handbook: Safe and Effective Ways to Treat Fevers, Coughs, Colds and Sore Throats, Childhood Ailments, Food Poisoning, Flu, and a Wide Range of Everyday Complaints by Miranda Castro

A good guide for using homeopathy at home

http://www.amazon.com/Complete-Homeopathy-Handbook-Effective-Complaints/dp/0312063202/ref=sr_1_1?s=books&ie=UTF8&qid=1411357056&sr=1-1&keywords=miranda+castro+homeopathy

Family Guide to Homeopathy: Symptoms and Natural Solutions by Andrew Lockie

Another good guide for home use

http://www.amazon.com/Family-Guide-Homeopathy-Symptoms-Solutions/dp/0671767712/ref=sr_1_1?ie=UTF8&qid=1415748359&sr=8-1&keywords=andrew+lockie

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Organon of the Medical Art by Samuel Hahnemann

The 'bible' of Homeopathy written by the father of Homeopathy

http://www.amazon.com/Organon-Medical-Art-Samuel-Hahnemann-ebook/dp/B00CHS8456/ref=sr_1_1?ie=UTF8&qid=1415748217&sr=8-1&keywords=organon+of+the+medical+art

Homeopathy: Beyond Flat Earth Medicine, 2nd Edition by Timothy R. Dooley

A good introduction to Homeopathy

http://www.amazon.com/Homeopathy-Beyond-Flat-Earth-Medicine/dp/1886893012/ref=sr_1_1?s=books&ie=UTF8&qid=1411357201&sr=1-11&keywords=veterinary+homeopathy

Yasgur's Homeopathic Dictionary and Holistic Health Reference by Jay Yasgur

This unique reference book defines obsolete, archaic medical terminology, as well as many modern terms found in homeopathic literature.

http://www.amazon.com/Yasgurs-Homeopathic-Dictionary-Holistic-Reference/dp/1886149046/ref=sr_1_1?ie=UTF8&qid=1411404154&sr=8-1&keywords=homeopathic+dictionary